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## FOR IMMEDIATE RELEASE

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### **Shurtleff Takes Feng Shui Mainstream This book series will change the way you view your world**

Wisdom House Books of Dallas, Texas announces the updated release of *The Alchemy of Quantum Mind Feng Shui* and *Reconnecting Your Spirit: Seeing the Possibilities* by certified Hypnotherapist and Feng Shui Practitioner, Mary Shurtleff.

*The Alchemy of Quantum Mind Feng Shui* is the first in a series of three books. *The Alchemy of Quantum Mind Feng Shui* is an easy, step-by-step guide committed to unleashing your spirit by balancing the energy of your body, mind, and spirit with the energy of your home and career so you may rediscover who you really are. It sets the stage to stabilize the body and home to facilitate change. As you grow and change your goals, so must you change your home. This guide uses feng shui in conjunction with the chakras of the body, oils, stones, mudras, and meditations to achieve your highest dreams and goals.

*Reconnecting Your Spirit: Seeing the Possibilities* is the second book in the series dedicated to how thought patterns and programming are evident within your environment. It explores a combination of information on our spiritual connection to God, theta/gamma healing, hypnosis/behavior modification methods, the power of thoughts, and feng shui. *Reconnecting Your Spirit* is designed to help those who wish to decode their childhood programming, generational tendencies, and word formations to discover who they truly are and what they desire.

*A New Normal: The Connected Being* is the third book in the series, taking you further into the realms of spirit and intuitions. This book, to be released in the early part of 2011, encourages you to reach deeper into the depths of your mind and view the world through metaphysical eyes. It teaches you how to watch for the signs and metaphors sent from the

heavens to guide you daily through your life. *A New Normal: The Connected Being* features actual stories of coincidence and angelic guidance, as well as pictures of unexplained energetic activity. In the words of St. Ignatius of Loyola, “For those who believe, no proof is necessary. For those who disbelieve, no amount of proof is sufficient.” *A New Normal: The Connected Being* will change the way you view your world.

Mary Shurtleff is a certified Interior Designer and Feng Shui practitioner. She is also a certified hypnotherapist and has studied various modalities of energy within the metaphysical field. Shurtleff is a national and international speaker available for media interviews and appearances. For more information on these books visit [www.maryshurtleff.com](http://www.maryshurtleff.com)

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